



Newsletter

Edition 59 May 26 - Aug 26

A WELCOME MESSAGE FROM CARL HARRIS CEO

Hello all and welcome to the 59th edition of our newsletter.

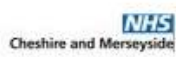
I'll be using the front cover today to pay respects to three people who have sadly passed away recently, two were trustees and had both been involved with the centre for many years both watching the centre develop and grow over time, both helping the centre to establish itself as the service it has become, both providing much needed advice and support over time. Thank you Dr Ron Marsh and Bob Bryant (BEM). It was a pleasure to get to know and work alongside you both.

Our work colleague Tracey recently lost her husband Darren to cancer, Darren fought for two years and at times looked like he was winning, sadly he recently lost his battle to one of the cruellest diseases there is, Daz will be sorely missed by all staff, trustees and volunteers of the centre. Darrens nature meant he was liked by all, a truly amazing feat in this day and age. Darren helped out at carer centre events over the years and would often pop in throughout the day for a brew and a natter, I'll miss him.

Our heartfelt condolences go out to all three families of Ron, Bob and Darren. RIP.

Carl Harris

Halton Carers Centre is registered in England & Wales as a Registered Charity No: 1124493
Company Limited by Guarantee No: 06574889



CONTACT US

62/64 Church Street, Runcorn
01928 580182
help@haltoncarers.co.uk



Support for Children & Young People

School-Based Support for Young People Affected by Cancer

When an adult in a child's life is affected by cancer, it can be overwhelming. Halton Cancer Support is here to help with free, confidential counselling for children and young people aged 5–18.

By delivering sessions directly in school, they provide a safe and accessible space for students to express their feelings and build vital coping strategies.

Who: Ages 5–18.

Where: Sessions delivered in-school.

Cost: Free and confidential.

Availability: Sessions available now!

Make a Referral: Contact Sam Gwynne to get started: ☎ 0151 423 5730

✉ sam.gwynne@haltoncancersupport.org.uk

CARER BREAK FUNDING & RECEIPTS

To ensure we can continue supporting as many people as possible, we are updating our policy regarding receipts.

Please note the following requirements for all future applications for those who have been awarded our funding previously and who are newly applying:

- **Mandatory Returns:** To reapply for funding, you **MUST** have returned receipts from your previous break.
- **Policy Change:** While we have previously been flexible with misplaced receipts, we will no longer issue the carer break application unless proof of receipts from your last award has been received.
- **Clear Requirements:** These terms are clearly stated on both your application form and any previous award letters.
- **New Reminders:** To help you stay on track, we will now send a reminder text or email six months after your funding is awarded if receipts are still outstanding.

Please Note: If receipts are not returned, you will be ineligible for any future carer break funding via Halton Carers Centre.

Thank you for your cooperation in helping us keep this vital service running smoothly!

If you wish to return receipts they can be dropped into either of our offices or email them to help@haltoncarers.co.uk

EXCITING CHANGES TO OUR HALTON CARERS GROUPS

Following the incredible success of our monthly Widnes Dementia Carers group, we are thrilled to announce that we are expanding our reach with a brand-new **Daytime Dementia Carers Group in Runcorn**. Starting in June, you can join us on the first Thursday of every month from 1:00 pm to 3:00 pm at the Mencap Building on Laburnum Grove.

There is plenty of parking on-site, and you are more than welcome to bring the person you care for along with you.

Small Contribution: Starting in June, there will be a small charge of £1 per person at both of our daytime dementia groups to help contribute towards tea and coffee.

We also have some exciting updates for our **Runcorn Parent Carer Group**. While we are still meeting on the last Friday of the month, from June the group will move to a new time of 12:30 pm – 2:30 pm and has also relocated to the Mencap Building. This move is particularly exciting as it provides us with a spacious indoor area and a safe, enclosed outdoor space to enjoy together during the sunnier months.

Both groups are designed to be a relaxed space to find support and friendship. We provide refreshments and a light lunch at the sessions to make your visit even more welcoming. There is no need to book—whether you are a regular member or a new face, please just drop in.



We are here to help you with the NHS App

Over 50 and need help with the NHS App or online GP systems?

Take charge of your health now and get in touch today to find out how we can support you.

- ✓ **Book & manage your vaccinations**
- ✓ **Contact your GP and get a reply or access 111 online**
- ✓ **Order repeat prescriptions**
- ✓ **View your health record & test results**

**Free
1:1 support**



**Contact us:
0300 003 1992 / digitalinclusion@aukmm.org.uk**



YOU FEEL AS A MAN YOU HAVE TO BE STRONG AND HOLD IT ALL TOGETHER.

For practical tips on how you can get back to a better place. Visit calmyourmind.co.uk or scan the QR code.



CALM YOUR MIND

Calm Your Mind will be hosting another important conference this year as part of Men's Health Week.

“Exploring Why Men Die by Suicide”



Tuesday 16th June @1.30pm



The DCBL Stadium, Widnes

This year, we're honoured to welcome Dr. Susie Bennett, a leading researcher from the University of Glasgow. Dr. Bennett's work focuses on improving our understanding of suicide risk in men and identifying the factors that support recovery. Her insights promise to be both powerful and deeply informative.

We're also grateful to have Brian Crane, founder of the men's group Thriveguys, who will share his lived experience and the journey that led him to support men's wellbeing through community and connection. This conference aims to shine a light on the challenges men face, spark meaningful conversation, and inspire action across our communities and services.

Click the link below to register

<https://www.eventbrite.com/e/exploring-why-men-die-by-suicide-with-dr-sussie-bennett-tickets-1984053820386?aff=oddttdtcreator>

Or contact Halton Borough Council Health Improvement Team on 0300 029 0029

**HALTON CARERS CENTRE LOTTERY
DRAWN ON THE 20TH OF EACH MONTH**

Supporting Unpaid Carers in Halton

**1st
2nd
3rd
Prizes**



How To Play ?
For Just £5.00 per month per number

Pay by Standing Order:
Halton Carers Centre Bank Details:
Organisation : Halton Carers Centre Ltd
Sort Code: 30-95-14
Account Number: 07833689

Standing orders to be paid on or before the 15th of the month,
Cash by 12pm on the 20th of the month
You can now Pay over the phone on 01928 580182



If you wish to join our monthly lottery please scan our QR code above or ring the office 01928 580182

62 Church Street, Runcorn WA7 1LD - Telephone 01928 580182
St Marie's Church, Lugsdale Road Widnes. WA8 6DB - Telephone 01928 592405
Email: holly.robson@haltoncarers.co.uk
Web: www.haltoncarers.co.uk

As a family carer, the cost of getting out and about shouldn't stop you from making memories. Two essential cards can help make your days out more affordable and stress-free.



The CEA Card is perfect for cinema trips. For just £6.50 a year, it provides you with a free carer's ticket whenever you accompany the person you care for to the movies. It is available to anyone aged 5+ in receipt of PIP, DLA, Attendance Allowance, or who is registered blind. It is accepted at most UK cinemas and you can apply at www.ceacard.co.uk.

For broader adventures, the Access Card (£15 for three years) acts as a "disability passport." Recognised at thousands of venues—including theatres, theme parks, and arenas—it uses symbols to discreetly communicate support needs and can at times secure a complimentary companion ticket. You can apply at www.accesscard.online.



These cards ensure that you and the person you care for can enjoy the best of your community without the double cost. Grab yours today and start planning your next outing!

UPDATE ON HALTON CARERS CENTRE PODIATRY SERVICE

Starting this June, our podiatrist Stuart is updating his availability. Alongside his regular Thursday Widnes sessions and Runcorn appointments (Wednesday daytimes and Thursday evenings for working carers), he will now be available on alternate Mondays, rotating between both offices.

If you are a carer who hasn't seen Stuart before, your first appointment is free! further appointments are £20. Foot care is essential when you're busy caring for others, so please call us on 01928 580182 to book your slot.



Our Runcorn office is open for carers to drop in for information & support Mon, Tue, Wed & Fri 10am - 4pm
Thurs 10am - 7pm
No appointment needed.

62/64 Church Street, Runcorn,
WA7 1LD
01928 580182



We are a food waste initiative, we save perfectly good food from going to landfill. Your bread might be slightly better for toast, and your avocados might be nice and ripe, the eggs might only have a week left to go, or the salad might need using by the weekend, but it's all perfectly fine and great to keep your fridge topped up.

We're not a food bank, anyone can use us, all we ask is that you bring bags, and respect the neighbours with noise and when parking (if you can't get on the car park please don't park over anyone's drives)

£3 suggested donation if you can afford it, but as it's only a suggested donation we'll never enforce it, we never turn anyone away, our aim is to find homes for everything and have enough ticking over to go straight back into the running of the hub so we can do it all again next week for everyone.

Every Monday night, 9.45pm, Christ Church Hall, Sandy Lane, Weston Point, Runcorn WA74EU.

NO BOOKING REQUIRED

PARENT CARERS SUMMER ACTIVITY

After the fantastic success of last year's Parent Carer Trip, we are thrilled to offer our families the chance to visit the Children's Adventure Farm Trust once again on Wed 12th August 2pm - 4pm!

Places for this trip are strictly limited, and we will be following our allocation policy to ensure fairness. To secure your family's spot, we are asking for a £5 donation, which will be donated directly to CAFT to support their incredible work. Please note that families will need to make their own travel arrangements to and from the venue.

Scan the code across or give us a call to register your interest!



Carers Cream Tea



Celebrate Carers Week with us at our annual Cream Tea! This event is free for all registered Halton carers; feel free to drop in whenever you like during the session. To help us with catering, please scan the QR code below or call 01928 580182 to let us know you are coming.

 **WEDNESDAY 10TH JUNE 2026 12PM - 3.00PM**

 **HALTON CARERS CENTRE**
62/64 CHURCH STREET,
RUNCORN

SCAN HERE:



Carers Week is almost here, and at Halton Carers Centre we have a fantastic lineup of events to honor unpaid carers in Halton. We would love for you to pop along and join us for these special occasions:

- Monday, 8th June: Look to the skies as the Mersey Gateway Bridge shines bright in Blue, White, and Blue. This illumination is a tribute to represent every unpaid carer across Halton.
- Wednesday, 10th June: You are invited to our annual Cream Tea event! Join us in our Runcorn office garden for a relaxing afternoon (see page 7 for more details).
- Thursday, 11th June: We will be hosting a Carers Information Stand in the square at Runcorn Shopping City. We'll be joined by multiple services from across Halton to showcase the wide range of support available for you and the person you look after.

We look forward to celebrating with you!



Dad Matters Walk and Talk

Because, for every baby, their **dad matters...**

- Meet other dads
- Spend time with your baby
- Get fresh air and exercise

Join the Walk!
10.00am to 11.30am
Third Week of the Month
through Spring and Summer

Friday - Phoenix Park, Runcorn
(meet at cafe)

Saturday - Victoria Park, Widnes
(meet at bandstand)

Contact your local coordinator:
Tom
dadmatters@homestartwarringtonandcheshire.org.uk
07856 916685

www.homestartwarringtonandcheshire.org.uk/dad-matters

 /DMWarrington  @DMwarringtonhaltonandcheshire  @DadMattersUK

FamilyHub
Together for all in Halton
BEST START IN LIFE

DAD MATTERS
POWERED BY HOME-START



Our Widnes office is open for carers to drop in Tue & Wed 10am - 4pm and Thurs 10am - 2pm
No appointment needed.

St Maries Church,
Lugsdale Road,
Widnes

We are delighted to announce that Halton Carers Centre has a limited amount of **FREE Halton Leisure Cards** for registered carers!

This fantastic opportunity aims to provide carers with access to a range of leisure activities and facilities across the Halton area, allowing you to take some well-deserved time for yourself.

Act Fast! As we have a limited number of cards available. You can contact us at 01928 580182 for more information

Alternatively, feel free to visit our offices to collect your Halton Leisure Card in person. Our team will be more than happy to assist you and answer any questions you may have.

Get in touch today to secure your Halton Leisure Card.



THE MANCAVE

Men's weekly group

Meeting every Friday

**Palace Fields Community Centre
WA7 2UA**

10am – 11:30am

- ✓ Enjoy a bacon butty and a brew
- ✓ Activity each week & a quiz
- ✓ Chat to other men



ALL WELCOME Cadent



THE LIVING WELL SERVICE

The Living Well Service supports our communities by providing:

- ✓ COVID-19 vaccines (to those eligible)
- ✓ Cholesterol check (where applicable)
- ✓ Health checks
- ✓ Pulse checks
- ✓ Mental health support
- ✓ BMI check
- ✓ Blood pressure checks

If you would like to visit the Living Well Service, you can drop in between 10:30am - 4pm at the location listed below

MAY

- 6th – Asda, Widnes
- 14th – Queen of Hearts, Runcorn
- 19th – Tesco, Widnes
- 28th – Halton Hospital, Runcorn

JUNE

- 6th – Wickes, Widnes
- 9th – Queen of Hearts, Runcorn
- 19th – Tesco, Widnes
- 26th – Halton Hospital, Runcorn

Hosted by:



Cheshire and Wirral Partnership
NHS Foundation Trust

Learn more about the Living Well Service at:
www.cwrp.nhs.uk/livingwellservice

HALTON CARERS CENTRE

A Network Partner of

CARERS TRUST

MONTHLY CARERS GROUPS IN 2026

EVERY OTHER MONDAY



Brunswick House, Water Street, Runcorn

6pm - 8pm

DEMENTIA CARERS EVENING GROUP

1ST THURS OF THE MONTH



Mencap, Laburnum Grove, Runcorn

1pm - 3pm

COMING SOON

DEMENTIA CARERS DAYTIME GROUP

1ST THURS OF THE MONTH



The Old Police Station, Runcorn

1pm - 3pm

FORMER CARERS GROUP

1ST FRI OF THE MONTH



St Maries Church, Lugsdale Road, Widnes

1pm - 3pm

DEMENTIA CARERS DAYTIME GROUP

2ND WED OF THE MONTH



St Maries Church, Lugsdale Road, Widnes

12pm - 2pm

PARENT CARERS

3RD WED OF THE MONTH



St Maries Church, Lugsdale Road, Widnes

10am - 12pm

ALL CARERS COFFEE GROUP, WIDNES

3RD THURS OF THE MONTH



The Old Police Station, Runcorn

10am - 12pm

ALL CARERS COFFEE GROUP, RUNCORN

LAST FRI OF THE MONTH



Mencap, Laburnum Grove, Runcorn

12.30pm - 2.30pm

PARENT CARERS

All our groups are for carers who are registered at Halton Carers to attend. The groups are free, there is no need to book your place and refreshments are all provided. If you would like to know more about our carers groups you can give us a call on 01928 580182

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As a carer registered at Halton Carers Centre you can access Relaxation Therapies, We have a Podiatrist and 2 Holistic Therapists that hold weekly appointments in both of our offices! Your first appointment with both our Holistic Therapist & Podiatrist are free any appointments thereafter will have a small charge:

Please see across for charges. All appointments are pre booked so please contact the office to book yours in today!



Charges for missed appointments We require 24 hours' notice for a cancellation so that we can reallocate the appointment. Otherwise, we will charge you for the cost of the appointment. This will be £25 for a chiropody appointment and £15 for a therapy appointment. Any carers who do not pay the charge will be unable to access any further treatments.

Beauty Treatments

Facial - £10

Manicure - £7.00 (*Only available on a Tue/Fri*)

Pedicure: £7.00 (*Only available on a Tue/Fri*)

Holistic Therapy Treatment Price List

Back/Neck/Shoulder Massage - £10

Head Massage - £15

Hot Stone Massage (*only available in Runcorn on a Thursday*) - £15

Reflexology - £15

Reiki Healing - £15

Hopi Ear Candles - £10

All treatments last between 30-45mins

Podiatry Price List

Podiatry - 30/45min treatment - £20.00

Appointments Available

RELAXATION THERAPIES

Runcorn Office:

Thursday 11am - 7pm

Friday 9.30am - 2.30pm

widnes Office:

Tuesday 9.30am - 2.30pm

PODIATRY

Runcorn Office:

Every Other Monday 9.15am - 2pm

Wednesday 10am - 2pm

Thursday 3pm - 6pm

widnes Office:

Every Other Monday 9.15am - 2pm

Thursday 9.15am - 2pm

Call 01928 580182 to book your appointment



Get Moving with Halton's Free Health Walks!

Explore Halton, improve your fitness, and meet new friends with the Active Halton Health Walks program running this April through June 2026. These free, social walks are led by experts and cater to all abilities.

Weekly Walk Highlights:

- Murdishaw Health Centre: Tuesdays at 11am (30–60 mins).
- Mindful Walks: 3rd Tuesday of the month at Runcorn Hill, 1pm.
- Wednesday Wander: 11am at rotating scenic spots like Moore Nature Reserve and Hale Village.
- Windmill Hill: Tuesdays and Thursdays at 1pm (includes a café stop).
- Victoria Park (Widnes): Thursdays at 10am for a short 20-minute stroll.
- St Pauls Health Centre: Fridays at 1pm for a gentle canal-side walk.
- Space Runcorn: Sundays at 10am, featuring Mental Health Ambassador support.

Interested? Just turn up at the meeting points! For more details, dog policies, or to register, visit www.activehalton.co.uk or call Paula Parle at 0151 511 8550.

UPCOMING

Carers Training

**HALTON
CARERS
CENTRE** A Network Partner of
**CARERS
TRUST**

Tues 6th May - Carers Stress Training Workshop

We will also have another course later on in the year on

Tues 13th October

12pm - 2pm The Play Resource Centre, Mersey Road, Runcorn



Wed 10th June - Basic First Aid Training

10.30am - 12pm - St Maries Church, Widnes



If you would like to book onto either of our training sessions please scan the QR code/s or call us on 01928 580182 - places are limited.

HALTON CARERS TRIPS

JUN 26 - SEP 26

By adding your name to the list for a day trip does not mean you have a place - we do not operate a first come first served basis, we will follow our allocation policy to allocate places which can be found on our website. If you are interested in any of the trips please ring the office on 01928 580182 or scan the QR code for your chosen trip and complete the online form, if you are allocated a place we will be in touch.

Sat 6th June - Runcorn

Circus Starr- The accessible and inclusive circus

There is no charge for these tickets but this trip is for parent carers only - *guests can only include immediate family in the carers household*



Friday 26th June - and the following 3 Fridays

4 week Yoga with Lynn, Widnes - 1.15pm - 2.15pm

£15pp

Adult Carers Only



Friday 24th July

Cake decorating Class - Runcorn 6pm - 8.30pm

£15pp

Adult Carers Only



Wednesday 5th August

Llandudno

£12pp

Transport provided



Tuesday 18th August

Chester Zoo

£16.50pp

Transport Provided



Date to be confirmed in September

Scholars Restaurant - 3 course meal - Widnes.

£7pp

Adults Only



Don't miss out

Home Responsibilities Protection (HRP)
may increase your State Pension



If you raised children or were a carer between 1978 and 2010, you might be owed money in backdated State Pension.

Home Responsibilities Protection (HRP) was meant to protect your pensions record while you weren't working. However, many National Insurance records are missing these credits because NI numbers weren't always linked to Child Benefit claims.

You may be eligible if you meet the below and other requirements:

- You claimed Child Benefit between 1978 and 2010.
- Your child was under 16 for the years you stayed home.
- You were a carer for at least 35 hours a week.

For the for list of eligibility & criteria please check out:

<https://www.gov.uk/home-responsibilities-protection-hrp>

How to claim: Search "HRP eligibility" on GOV.UK to use the official checker. If gaps are found, you can claim using form CF411.

Halton Libraries
are coming to Widnes Market!

Visit our Library Van every month

Join the Library (It's free and easy!)

Let's start a Book Club
(2 books to choose from each month)

Monthly Library visits on:

- Friday 17th April
- Friday 15th May
- Friday 19th June
- Friday 17th July
- Friday 14th Aug

Love reading?
Love Chatting?
Let's read together!

Let us know if you're interested in creating a Book Club!

EVERY MONTH 10am-2pm Outdoor Market

#bookclub #communityreads #lovereading #letsreadtogether #haltonlibraries

Widnes Market, Bradley Way, Widnes, Cheshire WA8 6UE
T: 0151 511 8880 E: markets@halton.gov.uk widnesmarket.com

Thank you



A massive Thank you to Stuart Till and Hutchinson Engineering!

Stuart completed a superhuman 105-mile non-stop run through the Lake District to raise vital funds for our Young Carers team. We are incredibly grateful for his endurance and the team's generosity—your support makes a life-changing difference for our young carers!



HALTON
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HALTON CARERS FORUM

THURSDAY 11TH JUNE

RUNCORN SHOPPING CITY,
COMMUNITY SQUARE
9 AM - 12 PM



Celebrate Carers Week 2026 with us at our Summer Carers Forum. Embracing this year's theme, "Building Friendlier Communities," we are hosting an Information Market Stall event to showcase the extensive local support available to you and your loved ones. Stop by to meet with a wide variety of Halton services ready to offer guidance, resources, and a helping hand. Whether you are looking for specific advice or just want to see what is available in your area, come along and discover what support there is in Halton.

Please contact Halton Carers Centre 01928 580182 for further information!

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TAKE A WELL EARNED BREAK WITH CAREFREE

As a Carer, taking time out for yourself is essential, but we know it's not always easy. That's where Carefree comes in! This fantastic initiative partners with hotels across the UK to offer one- or two-night breaks with breakfast included, exclusively for carers.

To be eligible, you must be over 18, care for 30 or more hours per week, and you cannot bring the person you care for—this is your time to relax and recharge. Whether you're looking for a peaceful night alone or a getaway with a friend or family member, this break is all about you.

Halton Carers Centre is an approved referrer, so we can refer you directly.

Once referred, Carefree will send you an email with a link to access the breaks hub, where you can search for your perfect break.

A carer registered with Carefree can take two breaks per year one from January-June and one from July- December, each booking is subject to a £38 administration fee (payable to Carefree) and this covers the one- or two-night stay at the hotel, with breakfast provided and full use of the facilities.

Carers who have taken a break with Carefree overwhelmingly report highly positive and enjoyable experiences.

If you would like to be referred to Carefree, you can do so by clicking here:

[https://forms.cloud.microsoft/pages/responsepage.aspx?](https://forms.cloud.microsoft/pages/responsepage.aspx?id=Eolg4uLeIUuDmDEOB5g306lfpp8dd5FLmh3zx4rP72tUOEQ2SIRNqzZSOEVTNUZLQ)

[id=Eolg4uLeIUuDmDEOB5g306lfpp8dd5FLmh3zx4rP72tUOEQ2SIRNqzZSOEVTNUZLQ_VI5NDJDRjYOWS4u&route=shorturl](https://forms.cloud.microsoft/pages/responsepage.aspx?id=Eolg4uLeIUuDmDEOB5g306lfpp8dd5FLmh3zx4rP72tUOEQ2SIRNqzZSOEVTNUZLQ_VI5NDJDRjYOWS4u&route=shorturl)

Stuart Droughton

MEMORIAL GOLF COMPETITION 2026

Sunday
2nd August

RUNCORN GOLF CLUB, WA7 4TD
FROM 8 AM ONWARDS (1pm last tee time)

Entry Fee

£15 FOR MEMBERS

£35 FOR NON-MEMBERS

£15 DEPOSIT MUST BE PAID TO SECURE
YOUR PLACE WHEN BOOKING.

SIGN UP DEADLINE: FRIDAY 29TH MAY
YOUR SPACES WILL NOT BE RESERVED WITHOUT A DEPOSIT.
LIMITED SPACES AVAILABLE.
REMAINING BALANCE TO BE PAID ON THE DAY.

To sign up for the competition please contact:

Rick Droughton 07930411939

Please contact Rick or Natalie for any raffle donations.

Prizes for:
NEAREST TO PINS
LONGEST DRIVE
& MORE

Dave at Fairways Hospitality will be available to purchase Breakfast Butties beforehand at the club.

All welcome to join for us for the Raffle, Presentation and Drinks in the Royal Oak, Weston Village, afterwards, with the Presentation to start at approx 6pm.

Live music by Chris Morris Music, followed by Karaoke.

Any raffle or cash donations are welcome.

All money raised on the day will be donated to Halton Carers Centre in memory of Stuart.

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APEC TAXIS
CALL ON THE 02 - THE ONLY TAXI SERVICE TO KNOW

CHRIS MORRIS MUSIC
GUITAR & VOCALS

DMM HOSPITALITY

FAIRWAYS
HOSPITALITY GROUP



Please let us know what you think about our newsletter.
Do you have any suggestions for articles? Would you like
to have ago at writing an article yourself?
Contact the centre on 01928 580182



COMPLIMENTS & COMPLAINTS

Although Halton Carers' Centre aims to provide the highest standard of services as possible, some time we may fall short of our standards. If this happens please let us know, as hearing your views helps us to improve the services we provide. You can complain or compliment us via our CEO Carl Harris email: carl.harris@haltoncarers.co.uk or telephone 01928 580182 or Chair of the Trustee Board, Ali Horton at Halton Carers' Centre. You can also complain to Halton Borough Council should your complaint not be handled satisfactorily.



For regular up to date information on all of the services we offer please follow us on our social media pages:



Halton Carers Centre
[Halton_young_carers](#)



Halton Carers Centre (Adult Carers)
[Halton_young_carers](#)

Or check out our website at www.haltoncarers.co.uk

Please keep us informed – help us to keep your information updated

If your details have changed since you registered with us, such as you have become ill, you've started to care for more than one person, the health of the person you care for has changed or your personal details have changed such as address, contact number, email address etc please let us know. You can do this by calling into our office, telephoning us or email help@haltoncarers.co.uk

If you are no longer a carer and want to be removed from our system please let us know and we can update our database.

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