



Halton
Young
Carers

Newsletter

HALTON
CARERS
CENTRE

A Network Partner of
**CARERS
TRUST**

Issue 12, date May 25



Look out for this sign

FREE

Halton Carers Centre strives to ensure that all our trips and activities remain free for Young Carers



🎉 The Young Carers team have been buzzing with excitement getting ready for the epic summer holidays! We've got a jam-packed line up just for YOU — from awesome trips 🚌, fun activities 🎨, to inspiring training and awareness sessions 💡🤝.

It's going to be a summer to remember — full of laughs, learning, and loads of new memories! 🌈📖
Don't forget your sun cream, your sense of adventure, and of course...
your biggest smile! 😊☀️
#haltonyoungcarers 🧡🌻



Halton Carers Centre is registered in England & Wales as a Registered Charity No: 1124493
Company Limited by Guarantee No: 06574889



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**YCHAVING
A BREAK**



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Bee Keeper Training

FREE

WHAT WILL IT BE LIKE

We will be looking closely at the bees, how they live, what they eat, and what is honey?

IMPORTANT DATES

Wednesday 28.5.25

all age groups

limited places

click the link to be added to the interested list:

<https://forms.office.com/e/5yiuXdwxNe>

CONTACT US

to be added to our interested list for a possible place, call

01928 580 182

or

email

help@haltoncarer.co.uk

or

scan the QR code or click the link

Halton Young Carers Interested list
-Bee Keeping



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THURSDAY 29TH MAY CRAFT & GARDENING



Primary school age group



For a possible place scan the QR code or click the link:

<https://forms.office.com/e/r0wzXTmg5e>

This will then put the YC name down on the interested list and we will contact you if you've been allocated a place

CONTACT YCT:

01928 580 182 or

help@haltoncarers.co.uk

SCAN ME



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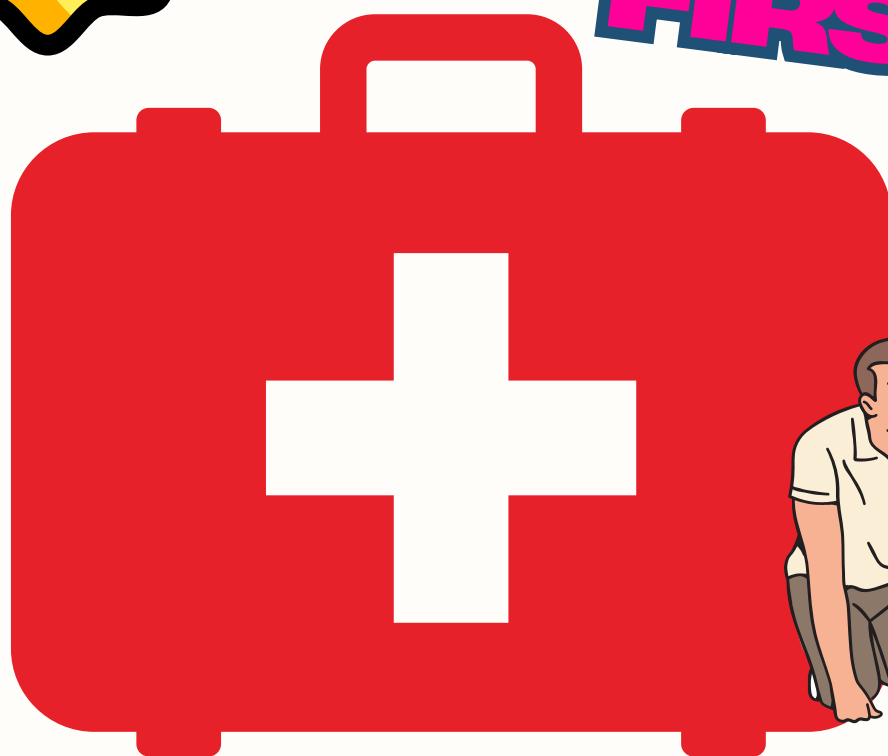


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**THURSDAY 7TH
AUGUST
FIRST AID**



For a possible place scan the QR code or click
the link:

<https://forms.office.com/e/WChNFaAV5V>

This will then put the YC name down on the
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FREE

**THURSDAY 14TH
AUGUST**

KAYAKING

Secondary school age group



For a possible place scan the QR code or click the link:

<https://forms.office.com/e/jQYRG52a8i>

This will then put the YC name down on the interested list and we will contact you if you've been allocated a place

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**THURSDAY 21ST
AUGUST**

MANELY MERE

FREE



For a possible place scan the QR code or click the link:
<https://forms.office.com/e/PM5a6fqcfY>

This will then put the YC name down on the interested
list and we will contact you if you've been allocated a
place

CONTACT YCT:
01928 580 182 or
help@haltoncarers.co.uk

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🎉 Want a chance to WIN a voucher
in our #Haltonyoungcarers raffle?



Send us a short video telling us
what it's like to be a young carer 💬



You can even include the person
you care for and how they feel
about your amazing support! 👨‍👦‍👧🌟

We will be showing this on our
social media, and you will be
agreeing to our socail media
policies

Schools/Parents/Guardians/Friends
anyone can help the YC enter.
You can send drawings, posters, news columns

ENTRIES CAN BE
EMAILED TO
HELP@HALTONCARERS.CO.UK

R-Time

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FREE



<https://forms.office.com/e/ZgJdZNhsTA>

offers Young Carers

in secondary school a break from caregiving in a secure space. 🏠✨

Activities include

arts and crafts 🎨, quiz nights 🧩, movie nights 🍿, games 🎮, themed events 🎉, and guest speakers 🎤

Sessions are every other Thursday from 5-7 pm 🕒, and attendance requires a text invite ➡️.

To express interest, scan the QR code to add the Young Carer's name to the list. If a spot is available, we'll reach out.
For more help, contact the Young Carers Team at 01928 580 182 or email help@haltoncarers.co.uk.



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Me-Time



is a safe space for Young Carers (YCs) in primary school to take a break from caregiving. 🧑🏻🧑🏻❤️

Held in Widnes and Runcorn, YCs enjoy activities like arts and crafts 🎨, quiz nights 🧩, games 🎮, and themed events 🎉

Sessions are every other Wednesdays in Widnes and Tuesdays in Runcorn. 📅
Attendance requires a text invite ➡️ due to limited spaces.

To express interest, scan the QR code to add the Young Carer's name to the list. If a spot is available, we'll reach out. For more help, contact the Young Carers Team at 01928 580 182 or email help@haltoncarers.co.uk.

Widnes:

<https://forms.office.com/e/qu5iktDQSD>

SCAN ME



Runcorn:

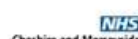
<https://forms.office.com/e/mLHbePn9nX>

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**TUESDAY 5TH
AUGUST**

**BOOKS &
CHESS**



SCAN ME



For a possible place scan the QR code or click the link:

<https://forms.office.com/e/46KM8dVVuE>

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Vikki recommends.....

**internet
matters.org**



How we support children's online safety

Find information and safety settings for your child's devices and apps, along with guidance to tackle online issues they may face.



Set up device safety settings



Tackle online issues



Choose age appropriate apps



Get tips to talk about online safety

Still not sure where to start?

Tell us a little about you and we'll provide you with a tailored resource pack.

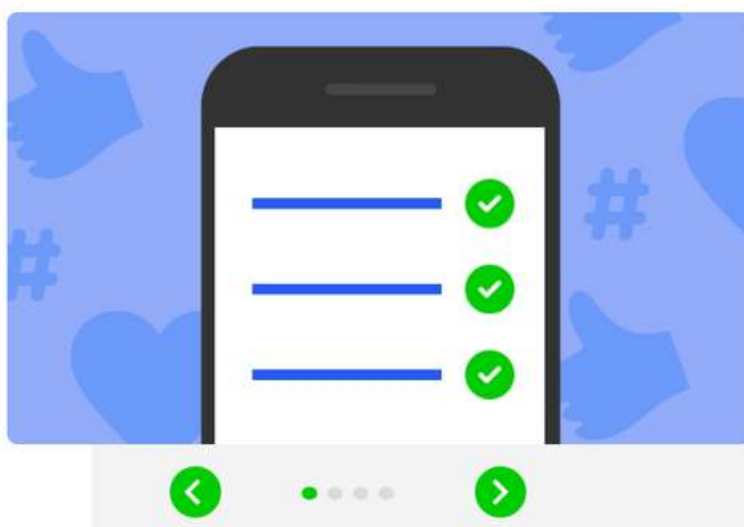
GET PERSONALISED ADVICE

Because children deserve **a safe digital world**

Supervision tools for social media safety

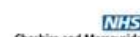
Explore the parental tools available on popular social media platforms to keep young people safer online.

EXPLORE TOOLS



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**TUESDAY 19TH
AUGUST
HAZELHURST
INCENSE MAKING**



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For a possible place scan the QR code or click the link:
<https://forms.office.com/e/xvEBwzFXBS>

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Amber
recommends
KOOOTH.COM

kooth

kooth.com

<https://www.kooth.com>



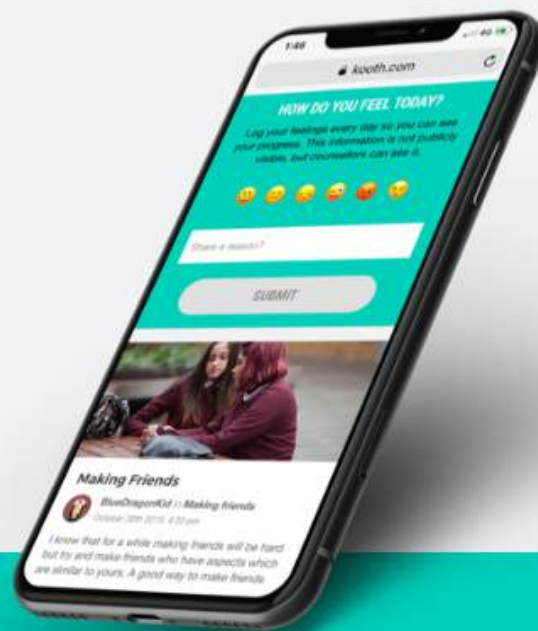
kooth

Your online mental wellbeing community

Free, safe and anonymous support

► [Watch our Kooth video](#)

[Join Kooth](#)



**TUESDAY 12TH
AUGUST
NO BAKE
COOKING**



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For a possible place scan the QR code or click the link:

<https://forms.office.com/e/r9rrFSMfMd>

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GLOW

GLOW is our **LGBTQIA+ friendly** offer, creating a safe and supportive space for **everyone**, no matter who you are.

Glow is a fun, friendly, and inclusive youth club where you can relax, connect, and be yourself.

📍 Every Wednesday in Halton (contact for location)

✨ Meet new friends, get creative, and unwind with music, games, and snacks!

🕒 Session Times:

- ♦ Juniors (11 - 15): 17:15 - 18:45
- ♦ Seniors (16 - 19): 19:00 - 20:30

Looking for a chill hangout, a space to express yourself, or just some good vibes? Glow is here for you! 💜

0151 673 0500

hello@vibeuk.org

<https://www.vibeuk.org/glow-halton>



Podiatry treatments

FREE

FOR ALL YOUNG CARERS



Stu says.....

Halton Carers Centre is
offering complimentary
Podiatry appointments for
all Young Carers.

Contact us:

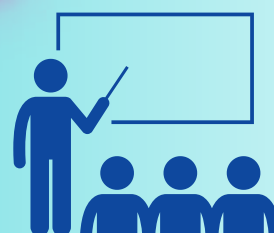
 01928 580 182

 help@haltoncarers.co.uk

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SCHOOLS



The Young Carers support workers have returned to schools in Halton, setting up information stations. Additionally, they are conducting one-on-one review meetings with Young Carers within the school premises.



The primary goal of being present in schools is to provide registered Young Carers with support, information, advice, and guidance. If you are a registered Young Carer and would appreciate a support worker visiting you in school, please reach out to the Young Carers team at 01928 580 182.

<https://forms.office.com/e/r9rrFSMfMd>



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Have you been receiving texts, emails, or voicemails prompting you to complete a review for your Young Carers?

If you haven't had the time to reach out, you can conveniently complete the review process by scanning the attached QR code or by following the provided text link:

<https://forms.office.com/r/6cCpQ7AcR7>



Self referral for an adult carer :

[https://forms.office.com/Pages/ResponsePage.aspx?](https://forms.office.com/Pages/ResponsePage.aspx?id=Eolg4uLeIUuDmDEOB5g3073nbY4xJD9ImPIOrNMyXYFUMDVouIJZRzIZQTISNVhWN)

[id=Eolg4uLeIUuDmDEOB5g3073nbY4xJD9ImPIOrNMyXYFUMDVouIJZRzIZQTISNVhWN](https://forms.office.com/Pages/ResponsePage.aspx?id=Eolg4uLeIUuDmDEOB5g3073nbY4xJD9ImPIOrNMyXYFUMDVouIJZRzIZQTISNVhWN)
TZBQ0MzUDdXVS4u

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Your opinion matters!

Your feedback is crucial to our Young Carers Team (YCT) as it guides our decisions for the future. If there's anything you would like to share or have your say on, please email the YCT at help@haltoncarers.co.uk.

Follow



The young carers Team recommends staying updated by following us on social media! 📱 ⭐

Find us on Facebook, Twitter, and Instagram for the latest updates.



you can reach out for support, advice, or just a chat! 🗣️
Contact the Young Carers (YC) team for assistance. 🤝👤 on
01928 580 182



Although Halton Carers' Centre aims to provide the highest standard of services as possible, sometime we may fall short of our standards. If this happens please let us know, as hearing your views helps us to improve the services we provide. You can complain or compliment us via our CEO Carl Harris email: carl.harris@haltoncarers.co.uk or telephone 01928 580182 or Chair of the Trustee Board, Bob Bryant at Halton Carers' Centre. You can also complain to Halton Borough Council should your complaint not be handled satisfactorily.

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